



REPTILE MOUNTAIN

Eastern Blue Tongue Skink Quick Guide

Enclosure

- o 36in x 18in x 18in (LxWxH) minimum
- o 48in x 24in x 24in (LxWxH) recommended

Temperature

- o Warm side (1/3 of enclosure) approx.. 90F – 95F
- o Basking area (size of animal's body within warm side) 98F-100F+
- o Cool side (1/3 of enclosure) approx. 70F-75F

Humidity

- o 30%-50% (up to 60% acceptable if **very** well ventilated)
- o Mist substrate occasionally if belly scales are dry (do this as a last resort)

Water

- o Provide shallow water dish with fresh water daily (2in – 4in deep)

Hides and Décor

- o 1 or more low profile hides
- o Several fake or non-toxic live plants for ground cover/enrichment
- o Large rocks, bricks, or logs to climb over/under

Substrate

- o 3+ inches deep minimum
- o Cypress mulch or coconut husk recommended

Food

- o Adults >300g
 - Quality Grain Free Wet Dog Food mixed with 50% fresh vegetation (feed weekly)
- o Babies <300g
 - Quality Grain and Fish Free Wet Cat Food no vegetation (fed 3-5 times a week)

Lighting (12 – 14hrs per day)

- o UVB Bulb, UVI of 1.1 – 4.0 aim for 3.0 (T5 HO Linear Bulb recommended)
- o Halogen Heat Bulb for basking area (PAR Floodlight Bulb recommended)

This is a brief overview and NOT a comprehensive care guide. Check www.ReptileMountain.com for more info.